

MEDIA KIT

I'M A PHOENIX BITCH

BRYONY KIMMINGS

STUDIO UNDERGROUND

WED 26 FEB – SUN 1 MAR

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I'M A PHOENIX BITCH

Following a critically acclaimed twice extended run at Battersea Arts Centre and Offices 2019 Award Winner, I'm a Phoenix, Bitch comes to Perth!

Combining personal stories with epic film, soundscapes and ethereal music, Bryony creates a powerful, dark and joyful work about motherhood, heartbreak and finding inner strength. A mythical legend performed straight from a heart still pulsing with pain.

Ever sunk so deep you felt like you might never make it up for air?

In 2016, Bryony nearly drowned. Postnatal breakdowns, an imploding relationship and an extremely sick child left her sitting beneath the waves hoping she could slowly turn to shell.

Two years later and she is able to deal with life again, but wears the scars of that year like a dark and heavy cloak. Who do we become after trauma? How do we turn pain into power? How do we fly instead of drown?

We will need new myths to survive the end of existence as we know it. Tonight a new legend will be created; that of the invincible and fearless woman; a tale Bryony wishes she had known from birth.

★★★★★

"Bryony Kimmings' deeply personal show is an exhilarating ride via pop video, horror movie, art installation and therapy session....a double inspiration and a testimony both to human resilience and the healing properties of art"

The Guardian

★★★★

"Imagine a metaphysical glitter cannon of trauma being fired straight at your chest"

Time Out

★★★★

The Stage

★★★★

What's On Stage

BRYONY KIMMINGS

Inspired by the taboos, stigmas, anomalies and social injustices around her, Kimmings creates mind-blowing, multi-platform art work to provoke change.

Previous works have seen Bryony retracting an STI to its source, spending 7 days in a controlled environment in a constant state of intoxication and becoming a pop star invented by a 9 year old.

Bryony's award winning work has toured across the world. Most recently to BAC Grandhall, Antifest (Finland), Culturgest (Portugal), Fusebox Festival (Texas), The Southbank Centre, Melbourne International Comedy Festival (Australia) and Lisinski Operahouse (Croatia).

Kimmings also mentors artists, writes musicals, teaches workshops, writes films, speaks on panels and is sometimes on the telly.

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